



# BASSIN D'ARCACHON

un monde à part

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Ideas for 1 week by the Bay

# INSIDER TIPS



## DOWNLOAD



the mobile application “**Bassin d’Arcachon**” to find out about current events and festivals. Also, very useful: tide times, weather, transportation...



## BY BIKE... FROM YOUR PHONE

Calculate your itinerary and discover bike paths or bicycle rentals on the website **[www.bassin-arcachon.com](http://www.bassin-arcachon.com)**



## GET CONNECTED

To wifi using the network **WiFi\_Bassin\_Arcachon**. Take advantage of more than 80 free and secure Wifi spots at your disposal in the Bay area. **[www.bassin-arcachon.com/wifi](http://www.bassin-arcachon.com/wifi)**



## DAY 1

### Morning

#### In Arcachon

- Explore on foot or by bike the seafront from the port to the Moulleau Pier.
- Or discover, with a guide or on Le Petit Train d'Arcachon (the little train), the Ville d'Hiver (Winter City), a historic area with its lavish villas from the 19th century.

### Afternoon

#### The Dune of Pilat (located in La Teste de Buch)

- Come explore the entire length of the sand dune (2.9km). Return by walking along the beach to discover a magnificent unmarked path.
- Take advantage of nature activities all year long, meet at the Dune Info Point (+33 5 66 22 12 85).
- Or take to the sky by paragliding!



Confirm suggestions and visits with one of our Tourist Offices as schedules vary during the week.



## DAY 2

### *Morning*

#### **The oyster-farming villages of the Lège-Cap Ferret peninsula**

Take a bike ride through the fishing district with a stop at the Cap Ferret Lighthouse or the oyster-farming villages of l'Herbe and Canon to taste a couple oysters. Getting there: Take a water taxi or a shuttle that leaves regularly from Arcachon or Andernos-les-Bains.

### *Afternoon*

#### **Tour l'île aux Oiseaux (Bird Island)**

This is where you will see the famous Cabanes tchanquées (stilted cabins)! Because a sea kayak can pass anywhere, it is the best way to get up close to this protected area. Or board a boat trip leaving from the piers of Bélisaire, Andernos-les-Bains or Arcachon (all year long), or from Le Canon (in July and August).



💡 WE INVITE YOU TO  
DISCOVER NATURE AREAS  
WITH THOSE WHO TAKE CARE  
OF THEM! 💡

@bassindarcachon

## DAY 3

### Morning

#### The bird watching reserve of Le Teich

Take a walk on a 2.5km or 6km trail, dotted with observation huts. 300,000 birds, from 260 different species, pass here each year.

Visits on your own or with a guide, during the day or at twilight (+33 5 24 73 37 33).

### Afternoon

#### The Leyre river and its delta (Le Teich, Biganos et Mios)

Discover on foot, by bike, in a canoe-kayak, or even in a boat. Along the ports of Biganos, by stand up paddle or electric boat (no license required) from the port of Teich.

At the end of the day, enjoy a soirée guinguette (food, drinks, music and more) in Mios on the banks of the Leyre.



## DAY 4

### *At dawn*

**In front of the sunshine**

Soak up the morning light and enjoy breakfast on a terrace.

### *Morning*

**Discover our oyster ports**

On foot or by bike, stroll among the colorful wooden cabins of the ports of Gujan-Mestras and visit the Oyster House (Maison de l'huître museum) at the port of Larros to learn all about the pearl of the Bay (+33 5 56 66 23 71).

### *Afternoon*

**Embark with fishermen and oyster farmers aboard their boats**

Departures according to the tides.

Book directly with authorized seafaring professionals: the list is available at the Maison de l'Huître (port of Larros, in Gujan-Mestras) or at the Bay's Tourist Offices.



## DAY 5

### Morning

#### Exploring the Bay on foot or by bike

- In addition to the guided walking tours offered by the Tourist Offices, you can get the guidebook «Le Tour du Bassin à pied» (9.90 €) to discover our GR (Grandes Randonnées) hiking trail. This tour of the Bay takes you along the coastal path, the well known Saint-Jacques-de-Compstelle road, the oyster ports and many other remarkable sites ...
- Discover the towns of the Bay thanks to a network of more than 220 km of bicycle paths.

### Afternoon

#### Jump in the water !

- More than 40 km of beaches on the open ocean (Grand Crohot in Lège-Cap Ferret, la Salie in La Teste-de-Buch...). Ideal for embracing the waves!
- Or calmly on the sandy beaches of the Bay at high tide or on Lake Cazaux.
- In Le Teich, Audenge, Lanton and Arès, marked swimming areas are supervised. Ideal when the tide is low!



## DAY 6

### Morning

Each day, a market awaits you in one of our towns!

Shopping is also part of a true holiday. After a stroll through the vendors' stall, take advantage of some free time to enjoy an ice cream along the pier: in Arcachon, Moulleau, Cap Ferret and also Andernos-les-Bains with its bustling city center and shops open all year round. Don't miss the pier promenade, the longest in France!

### Afternoon

Have fun in our attraction and theme parks!

Gujan-Mestras Bassin des Loisirs (Aqualand, la Coccinelle, Kid Parc, Max'Golf, Bassin Aventures, Bowling, Laser Lander) ; Escalad'Parc (rock climbing) and Mégazone (Laser games etc...) in Andernos-les-Bains ; Parc de Loisirs du Four in Lège-Cap-Ferret ; Go Karting in Biganos ; Zoo du Bassin d'Arcachon in the Teste de Buch ; Padel Touch in La Teste de Buch, or even T en Leyre (rope course), and Lakecity in Mios.



## DAY 7

### *Get away for the day*

on an island of fine sand and lagoon colours:  
**The Banc d'Arguin "Nature Reserve"**

Play Robinson Crusoe under the watchful eyes of the SEPANSO guards (on the weekends in June and September and everyday in July-August).

**Note: some areas of the sandbank are not accessible to public (to preserve a world class birdwatching location)**

### *Or get off the beaten path*

**with a walk in nature**

- In the heart of the marshlands and salt meadows of La Teste du Buch, or at the Domaine de Fleury in Le Teich, in the Domaines de Certes-Graveyron in Audenge and Lanton, in Saint-Brice-Les-Quinconces in Andernos-les-Bains and Arès, at the Réservoirs of Piraillan, in the Réserve des Prés Salés (salt marsh reserves) of Arès and Lége.
- Crab fishing in Lanton, in the heart of the Bay!

# CONTACT OUR TOURISM OFFICES

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## LE TEICH

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## COEUR DU BASSIN

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**www.bassin-arcachon.com**

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